Opinion — Author — Biased

Student Opinion: Video gaming can have negative effects on kids' brains and bodies

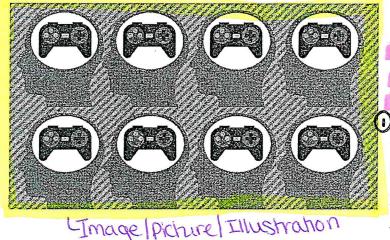— Title/Headline: Tells us the topic

By Margaret Buckler, Student Contributor, adapted by Newsela staff

Author/Byline: who wrote the article

Date → 08/16/2018

Text Level **6**
Word Count **740**

— Image/Picture/Illustration

Is playing video games bad for kids' brains? One student argues that they are. Image: Newsela staff

— Caption: Tells us about the picture/topic

It's an invasion! Nope, not an alien invasion – a video game invasion. Many kids spend hours in the virtual worlds of their computer and TV screens.

(2) Rather than studying for school or going outside, they are spending all their free time playing video games.

(3) In fact, a 2011 study by research group NPD claimed that more than 9 out of 10 kids played video games. That number has probably only gone up.

(4) It's not just kids either. According to Medical News Today, more than 150 million people in the United States play video games for at least 3 hours per week. That is more than 1 out of 3 people in the U.S.

(5) Children have growing minds and bodies. The continuous need to play video games has several negative, unhealthy effects on children. These effects can include slowing students' education, promoting violence and affecting their physical health.

(6) Fortnite, Roblox and Minecraft are popular online multiplayer games. In the last 30 days, Fortnite was one of the most searched topics on Google. It was searched for more than U.S. history topics. Searches for the game Roblox were higher than searches for biology. Minecraft