**Bryant Middle School**

**Physical Education Course Syllabus**

Mrs. Wancha

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(313) 827 - 1796 ( Girl’s PE office)

**Class Description:**

Physical education is an opportunity to participate in a variety of activities leading to the development of an active lifestyle. The purpose of physical education is to develop the physical, mental, and social potential of each student through instruction and participation in selected physical activities. The objectives include the formation of habits which promote physical fitness, motor skill development, good sportsmanship, and the interest to participate in a lifetime of healthy physical activities. This class will include items outlined in the Dearborn Public Schools Middle School Physical Education Curriculum.

**Required Materials:**

All students are required to change out of their school clothes and into gym clothes every class period. The following items are required for all students.

* Combination Lock (Master Lock preferred - no key locks)
* Student Planner
* T-shirt or long sleeved shirt (no tank tops allowed in school)
* Shorts or pants
* Athletic shoes
* Towel for swimming
* Bathing suit
* Swim Cap
* Hair Tie
* Water (optional)
* Deodorant (optional, plastic bottles only please)

**Class Rules and Expectations**

* Come to class on time with required materials including planner.
* Participate in all class activities.
* Change into gym clothes or swimming suit in a timely manner (6-7 minutes).
* Remain in class teaching station.
* Ask to use the restroom or leave the gym for any reason.
* Use behavior that contributes to a positive class environment.
* Behave in a safe manner to prevent injuries.
* Supply a doctor’s note for any excuses from PE (injuries, illnesses, etc.)
* Swimming - I will not accept any notes from home regarding swimming. If your daughter cannot swim for a medical reason, please bring in a doctor’s excuse. If a student cannot swim for any other reason, they will need to make up each day they missed during make-up swim sessions in order to receive full credit. Make-up swims are typically before or after school toward the end of each card marking.

**Grading Procedures:**

Student Participation - **50%** (10 points possible per class)

* Students are required to be on time, have all required materials, and participate to the best of her ability. If a student forgets their gym clothes, but still participates in class, they will earn half credit for that day.

Sports Skills & Fitness - **25%**

* A variety of sports skills will be taught, demonstrated, and practiced throughout the semester. Students will be evaluated and graded on these skills based on standards set by Dearborn Public Schools.
* Students will also participate in fitness testing as outlined in the Dearborn Public Schools Physical Education Curriculum.

Written Evaluations - **25%**

* Students will be given written evaluations in the form of tests, quizzes, projects, and homework assignments on concepts covered in class to support our curriculum.

**Curriculum:** The following units are required. Other activities may include tumbling, dance, lacrosse, field hockey, floor hockey, team handball, climbing the rope / rings, touch football, yoga, strength training, etc..

* Personal Conditioning
* Fitness Testing
* Soccer
* Softball
* Swimming Skills
* Volleyball
* Basketball

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| Dearborn accepts a parent’s assertion that he or she needs language assistance without requiring additional corroboration.مدينة ديربورن توفر عند الحاجة خدمات الترجمة للأهالي If you have difficulty understanding this notification, please call the Bilingual and Compensatory Education office at 827-3007. ALBANIAN: Ju lutemi telefononi zyrën e Programit Dygjuhësor në 827-3007 për colo vështirësi në kuptimin e këtij njoftimi. ARABIC: إذا كان لديك أية استفسارات، الرجاء الاتصال بالمكتب ثنائي اللغةعلى رقم3007- 827. ITALIAN: Chiamano l’ufficio Bilingual and Compensatory Education 827-3007 se incontrano difficoltà a capire questae nota. ROMANIAN: Daca nu intelegeti acest mesaj va rugam sa sunati la biroul Bilingual cu numarul 827-3007. SPANISH: Por favor, llamen la oficina de Bilingual and Compensatory Education 827-3007se no comprendon esta nota. |



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Parent and Student Contract - Mrs. Wancha’s PE Class

Please review this syllabus with your child, sign, and return to me by **Tuesday, September 13th.**

I have read and understand the requirements and expectations of this class.

Student Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Grade \_\_\_\_\_\_\_\_ Hour \_\_\_\_\_\_\_

Student Signature \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent Signature \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent Contact \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ phone #

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ email

Would you like to be subscribed to Mrs. Wancha’s PE class blog? Yes / No