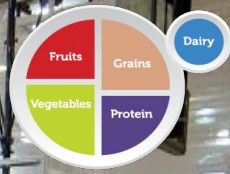
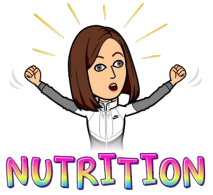


Health



Ms. Southers Virtual PE Class

A cartoon illustration of a woman with brown hair, wearing a white and grey jacket, with her arms raised. Below her is the text "GYM:TIME" in red, stylized capital letters.

Click on the icons below to see your daily routine

Woodworth



Warm up



Stretch



Activity



PE Units

