## Hello everyone!

- 1- The state has come up with new guidelines for computer usage with young children. Your child's screen time should be limited to 1 up to 1½ hours per day.
- 2- The programs we will be monitoring will be:

READING	SPELLING	PHONICS	MATH
Raz-Kids	Spelling City	Lalilo	Zearn
www.raz-kids.co m	<u>SpellingCity.com</u>	Lalilo   Online Phonics program for Distance Learning	Zearn Math: Top-rated math program created for teachers, by teachers

#### **Enrichment Websites:**

READING	MATH	PHONICS
ReadWorks	Нарру Numbers	Freckle
Vooks	XtraMath	Starfall
Storyline online	Freckle	

- 3- Log-in information and passwords can be found in Google Classroom. How to log-into Google Classroom: 1.Go to Dearborn Schools Student Portal 2. Login to Clever (Username: Student number@ dearbornschools.org/ Password: Birthdate (01012011) 3.Click on Google Classroom and join class 4.Enter class code jvwcyfl for Ms. Sims' class and fg6617c for Mrs.Grahl's class.
- 4-Find a "study spot," some place where you will go to do your daily work. A spot for school work only, no where near the TV or video games, if possible.
- 5- Create a schedule to follow every week day. Still get up at a set time, do your regular routine as if you were going to school. Then go into your

school work. Following a routine will be VERY helpful especially to children. They need the consistency of a schedule.

#### **BRAIN BREAK IDEAS:**

- Mr. Tapp's blog, go outside if it's a nice day (practice social distancing), or do "GoNoodle." It's free and families can sign up:

## https://www.gonoodle.com/

- -Check Mrs. Meyer's blog for music ideas
- -Mr. Goecke's blogs for art ideas
- Mr. Neff and Mrs. Poisson's blogs with have some literacy and technology ideas
- Other resources:

If you have a membership, check out Dearborn Public Libraries. The children can "borrow" new books and they also have movies (including the latest ones that aren't streaming/on cable yet).

#### Go on a virtual field trips

- 1. <u>Virtual Field Trips</u> Discovery Education
- 2. <a href="https://www.waterford.org/resources/3-great-virtual-field-trips-for-early-learners">https://www.waterford.org/resources/3-great-virtual-field-trips-for-early-learners</a>
- 3. Virtual Field Trips Website that shows 30 different field trips
- 4. Museum Field trips:

https://hellogiggles.com/news/museums-with-virtual-tours/?utm\_term=A36AA812-655E-11EA-97D8-7D87C28169F1&utm\_medium=social&utm\_source=facebook.com&utm\_content=link&utm\_campaign=hellogiggles\_hellogiggles&fbclid=lwAR1LlAh9Y0Mjmk2evmEiDMJw4hj808RBsLBTWDO8ZnL1pickxcXBSOvLbh0

Not all of the suggestions will work for every family, but some of these ideas would be fun to do:

https://www.buzzfeed.com/sunnychanel/boredom-busters-for-kids-eko https://www.buzzfeed.com/mikespohr/activities-for-kids-while-inside-beca use-of-the-coronavirus

# 30 At-Home Brain Breaks

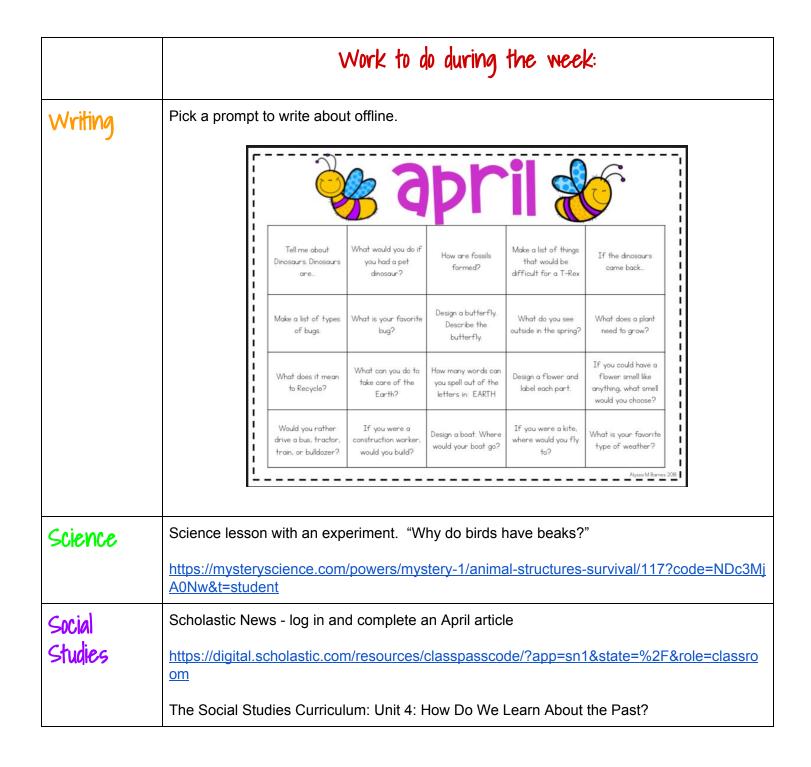
5 min break	15 minute break	30 minute break	
GoNoodle Videos on YouTube	Sidewalk Chalk	Play outside	
Jump rope	Watercolor painting	Bake a special sweet treat (with an adult)	
Play-Doh sculptures	Play outside	Play with your favorite toys	
Color a picture	Ride a bike	Make a fort out of sheets and pillows	
Dance Party to your favorite song	Play hide and seek with your sibling	Play a card game (Go Fish!, Old Maid, etc.)	
Sing your favorite song and make up silly dance moves	Build a LEGO sculpture	Play a board game with your sibling(s) or parent(s)	
Kid's Yoga YouTube video	Read your favorite book	Create and complete a nature scavenger hunt	
Do 5 different exercises for 1 minute each	Fly a kite outside	Make a craft from recycled & upcycled materials	
Build a paper airplane and fly it down the hall or outside	Take pictures of nature in your front and back yard	Make an obstacle course with simple toys and complete it	
Look at your favorite picture book	Take turns telling silly jokes with your sibling(s) or parent(s)	Play dress up	

C Crobay Food 2020

# **April 13-17**

	Monday	Tuesday	Wednesday	Thursday	Friday
Spelling words/ activity	Write the words 3 times each. What is the spelling pattern we are learning this week? took, foot, hook, book, look, wood,stood, shook, cookie, football	Go to Spelling City and play some games with your words.	Put your spelling words in ABC order.	Go to Spelling City and play some games with your words.	Friday Take your spelling test on SpellingCity or have a parent or sibling read the test and take a picture and send it!
Reading	Do an assignment on Lalilo.  Read a book from Raz-Kids.	Do an assignment on Lalilo.  Read a book from Raz-Kids.	Do an assignment on Lalilo.  Read a book from Raz-Kids.	Do an assignment on Lalilo.  Read a book from Raz-Kids.	Do an assignment on Lalilo.  Read a book from Raz-Kids.
Math	Please continue working on your Module 4 homework book at your own pace, we recommend one lesson a day to be done offline.  Spend 1 hour of the WHOLE WEEK of math practice on	Please continue working on your Module 4 homework book at your own pace, we recommend one lesson a day to be done offline.  Spend 1 hour of the WHOLE WEEK of math practice on	Please continue working on your Module 4 homework book at your own pace, we recommend one lesson a day to be done offline.  Spend 1 hour of the WHOLE WEEK of math practice on	Please continue working on your Module 4 homework book at your own pace, we recommend one lesson a day to be done offline.  Spend 1 hour of the WHOLE WEEK of math practice on	Please continue working on your Module 4 homework book at your own pace, we recommend one lesson a day to be done offline.  Spend 1 hour of the WHOLE WEEK of math practice on
	Zearn. Students can also go to Happy				

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math practice		math practice	math practice	math practice



https://dec.dearbornschools.org/pluginfile.php/6633/mod\_resource/content/2/Lesson%201%20Supp%20Mat.pdf