ALL-CITY TRACK MEET EDSEL FORD HIGH SCHOOL June 16, 2021

TEAMS: Bryant, Lowrey, McCollough/Unis, Salina Intermediate, OL Smith, Stout, Woodworth

OFFICIALS: Gordie McIntosh, John Vichinsky & Joe McCormick

TIME: 11:30am Coaches Meeting

11:45am 3200m run begins 12:00pm Field events begin

1:45pm Pre-lims begin (as soon as field events conclude)
2:30pm Finals begin (as soon as prelims conclude)

<u>ENTRIES</u>: Each athlete may be entered in **no more than 3 events**, including individual, field and relay events. Alternate entries count against this limit. Up to four alternates may be listed for each event.

<u>SEEDING</u>: The time entered should be the best time of the 2021 season. It is essential to have an accurate seed time for all entries. If no time is entered, the entrant will be seeded last. If an alternate is needed they will be added at the coaches meeting and the event will be reseeded.

<u>PRELIMS</u>: Field events and the 3200m will compete first, followed by prelims. (Field events and 2 mile are finals only.) Prelims will be run in the 55m Hurdles, 100m Dash, 100m Hurdles, 70m Dash and 200m Dash. The top 2 finishers from each heat + next 2 fastest times will compete in the finals.

<u>FIELD EVENTS</u>: Coaches from schools are responsible for running field events:

<u>Long Jump</u> - Bryant and Salina (bring measuring tape)

High Jump - Stout and Smith

<u>Shot Put</u> - Lowrey & WW (bring shots & measuring tape)

<u>3200m</u> - Unis

<u>SCORING</u>: Points for both individual and relays will be awarded as follows:

 $1^{\text{st}} = 10 \text{ points}$ $5^{\text{th}} = 3 \text{ points}$ $2^{\text{nd}} = 8 \text{ points}$ $6^{\text{th}} = 2 \text{ points}$ $3^{\text{rd}} = 6 \text{ points}$ $7^{\text{th}} = 1 \text{ point}$

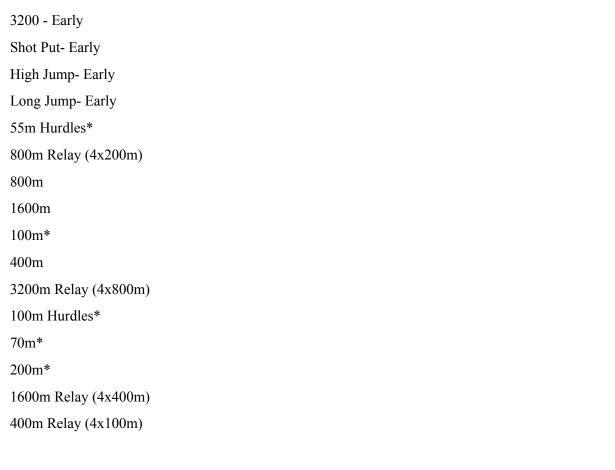
 $4^{th} = 4$ points

AWARDS: Ribbons will be given to the top 12 finishers.

ALL ENTRIES SHOULD BE SUBMITTED BY SUNDAY JUNE, 13th by MIDNIGHT.

ALL TEAMS SHOULD BRING STOPWATCHES

ORDER OF EVENTS - BOYS & GIRLS



^{*=3} heats of Prelims where the top 2 finishers advance to the finals plus the next 2 fastest times overall