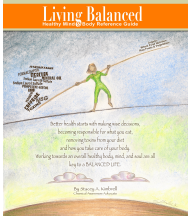


HIDDEN TOXIC CHEMICALS

IN OUR EVERY DAY PRODUCTS



Stacey Kimbrell - Author of "*Living Balanced - Healthy Mind & Body Reference Guide*" exposes the terror in our grocery stores! The Standard American Diet (SAD) of prepackaged foods contains chemical toxins that may have long-term effects on your health. "*Living Balanced*" reveals the source of most ailments that run rampant in the United States today and can help you to avoid them. With this new knowledge comes the power to control your health!

Know Your Toxins:

- Become aware of the hidden dangers in your food, drinks, cleaners, skin care, baby products, and animal products. Take this list to the store with you.
- Learn how to read labels and identify chemical names, choosing practical substitutes for your foods, drinks, skin care, baby care, and cleaning products.
- Learn how these chemicals have a direct effect on our health and behaviors.
- Know the 26 different names for MSG and other neuro-toxins?
- Propylene Glycol (PG/PEG) is LowTox Anti-Freeze/coolant. It's in almost all body products.



Research your products and make sure you avoid the following hidden toxic chemicals:

Red = other names for MSG, **Green**= synthetic estrogens, **Blue**= Formaldehyde, ☠ = Neuro-Toxin

1,4-dioxane ☠	Glutamate ☠	Sodium Caseinate
Acesulfame K, Ace K, ☠	Glutamic Acid ☠	Sodium dioctyl sulfosuccinate
Alcohol (Isopropyl) & SD-40	Glycol Ethers	Sodium Hexametaphosphate
Aluminum ☠	Guarana	Sodium Laureth Sulfate (SLES)
Artificial Coloring ☠	Hexametaphosphate	Sodium Lauryl Sulfate (SLS)
Artificial Sweeteners ☠	High Fructose Corn Syrup	Soy
Aspartame ☠	Hydrolyzed (anything) ☠	Soy protein concentrate & isolate ☠
Autolyzed (anything) ☠	Imidazolidinyl Urea	Spices, Seasoning ☠
Azodicarbonamide	Lead ☠	Splenda ☠
Benzene	Maltodextrin ☠	Stearalkonium Chloride
Benzoic acid, 210, 211, 219	Mercury ☠	Sucralose ☠
BHA/ Butylated Hydroxyanisole	Methanol	Sugar (chemical white processed)
BHT/ Butylated Hydroxytoluene	Mineral Oil	Sulphur dioxide
Bisphenol-A (BPA)	Miralax	Talc
Bouillon and Broth ☠	Monopotassium Glutamate ☠	TEA Triethanolamine Laureth Sulfate
Brominated vegetable oil (BVO)	Monosodium Glutamate/MSG ☠	Tetrasodium Pyrophosphate /EDTA
Butylene Glycol	Natrium Glutamate ☠	Textured Protein ☠
Calcium Caseinate ☠	Natural Beef or Chicken flavoring ☠	TBHQ
Carrageenan	Natural flavor(s) & flavoring(s) ☠	Titanium dioxide
Cetylpyridinium chloride or bromide	Nitrite / Nitrate	Toluene
Chlorine	Paraben/ methyl, propyl, butyl, etc.	Triclosan
Coal Tars	Paraffin wax or oil	Urea (Imidazolidinyl)
DEA- diethanolamine	Partially or Hydrogenated oils	Vaseline
Diazolidinyl Urea	PEG	*Whey protein concentrate ☠
Dioxins	Petrolatum / jelly	*Whey protein isolate ☠
DMDM Hydantoin	Phthalates DBP, DMP, DEP	*Whey protein Protease ☠
EDTA	Potassium Hydrolyzed Collagen ☠	**Yeast Extract ☠
Equal	Polyethylene Glycol (PEG)	**Yeast Food ☠
Flavor (s), Flavoring(s) ☠	Propylene Glycol (PG)	**Yeast Nutrient ☠
Fragrance (synthetic) ☠	Saccharin, 954 ☠	**Yeast (baking) by it's self is ok.

*Whey is "protein". When you have a whey product that has little or NO protein in it, it becomes a MSG product.

For the complete **Hidden Toxins Cheat Sheet & descriptions of hazards**, purchase your copy of "*Living Balanced*" at LivingAnointed.com or contact Stacey Kimbrell 810.423.5721