

AUGUST-SEPTEMBER Elementary Menu

ANNOUNCEMENTS



Jim Hensen's Birthday!

Join us in the cafeterias on September 24 as we celebrate the birthday of Jim Hensen, creator of the Muppets, with a Kermit the Frog inspired all-green fruit & veggie bar!

Did you know?

SFE, in partnership with Dearborn Schools, has committed to serving only halal meats in cafeterias district-wide!

If you have any questions or concerns please let us know.



SFE This institution is an equal opportunity provider.

Questions or Comments?
Joshua Bain, Sr. General Manager
Phone: 313-827-3065



Monday Tuesday Wednesday Thursday Friday

26 Breakfast
Blueberry Muffin

Fresh fruit selection & reduced-sugar cereals available daily at breakfast!

HALF DAY - NO LUNCH!

27 Breakfast
Pineapple Parfait

Lunch
Orange Chicken w/Rice
Grilled Cheese Sandwich
Classic Cheese Pizza
Seasoned Peas & Carrots

28 Breakfast
Banana Loaf w/
Strawberry Yogurt

Lunch
Crispy Fish & Chips
Thai Veggie Stir Fry w/ Rice
Cheesy Nachos
California Blend Veggies

29 Breakfast
Egg & Cheese Biscuit

Lunch
Beef Tacos w/Rice
Cheese Quesadilla
Vegetable Sub
Mexican Pinto Beans

nutrislice
Online School Menus

Fully interactive menus in Arabic & English are available for all campuses online!
dearbornschools.nutrislice.com

2 LABOR DAY!

Student-Driven Menus
We love student feedback! You'll see district chefs Danny & Carter around the district doing taste-testings!

3 Breakfast
Elvis Breakfast Wrap

Lunch
Macaroni & Cheese
Chicken Nuggets w/Roll
Seasoned Broccoli

4 Breakfast
Mandarin Parfait

Lunch
Hummus w/ Flatbread Chips
Cheesy Nachos
Steamed Mexicorn

5 Breakfast
Egg & Cheese Biscuit

Lunch
Chicken Nuggets w/Roll
Classic Cheese Pizza
Crinkle Cut Carrots

6 Breakfast
Whole Grain Bagel w/Cream Cheese

Lunch
Cheesy Bean Flour Taco
Beef Hot Dog
Cooked Green Beans

9 Breakfast
Blueberry Mini Waffle

Meatless Monday
Vegetable Pizza
Sun-butter & Jelly Sandwich w/String Cheese
Seasoned Peas & Carrots

10 Breakfast
Apple Cinnamon Muffin

Lunch
Fish Nuggets w/ Roll
Macaroni & Cheese
Creamed Spinach

11 Breakfast
Mini Powdered Donuts

Lunch
Chickpea Marina w/ Rice
Fresh Beef Taco Salad
California Blend Veggies

12 Breakfast
Glazed Cinnamon Roll

Lunch
Cheese Roll Up w/ Breadstick
Hamburger
Green Beans

13 Breakfast
Pineapple Parfait w/ Graham Crackers

Lunch
Orange Chicken w/Rice
Cheese Quesadilla
Peas

16 Breakfast
French Toast Sticks

Lunch
Tuna Salad Sub Sandwich
Red Beans & Rice
Seasoned Broccoli

17 Breakfast
Egg & Cheese Biscuit

Lunch
Beef Hot Dogs
Cheesy Broccoli Baked Potato
Peppered Corn

18 Breakfast
Banana Muffin

Nat'l Cheeseburger Day
Grilled Cheeseburger
Thai Veggie Stir Fry w/ Rice
Green Beans

19 Breakfast
Sweetened Sunbutter & Cinnamon Bagel

Lunch
Cheese Pizza
Breaded Chicken Sandwich
Seasoned Peas & Carrots

20 Breakfast
Chocolate Donuts

Student-Driven Menus
Nutrition Coordinator Enas will be conducting surveys around the district to help create future menus!
HALF DAY - NO LUNCH!

23 Breakfast
Strawberry Banana Yogurt w/ Bunny Grahams

Meatless Monday
Vegetarian Pasta Alfredo
Vegetable & Cheese Croissant
Seasoned Broccoli

24 Breakfast
Double Chocolate Chip Muffin

Jim Hensen's Birthday
Chicken Tender Potato Bowl
Sun-Butter & Jelly Sandwich w/ String Cheese
Seasoned Green Peas

25 Breakfast
Mandarin Orange Parfait

Lunch
Ultimate Two Cheese Pizza
Chili con Carne w/ Rice
California Blend Vegetables

26 Breakfast
Cheesy Egg Bagel Sandwich

Lunch
Chicken Nuggets w/Rice
Cheesy Nachos
Green Beans

27 Breakfast
Glazed Cinnamon Roll

Lunch
Chicken Parmesan Sandwich
Macaroni & Cheese
Seasoned Italian Veggies