

WOODWORTH MIDDLE SCHOOL PHYSICAL EDUCATION POLICIES AND RULES

The Physical Education Department of Woodworth School believes every student should strive to become physically fit. We as educators also understand that every student is unique and may have some physical limitations. Considering these factors, we have developed a grading system that is comprised of performance objectives which include the following:

- 1) 75 % - Daily Participation (may include, but not limited to: effort, preparation, sportsmanship, staying on task, reading / writing activities)
- 2) 25% - Testing (may include, but not limited to: skill assessment, fitness, written tests, health projects)

DAILY CLASS EXPECTATIONS FOR SUCCESS:

- 1) Each and every student is required to participate in all activities.
- 2) **Each and every student is required to report all injuries to her/his physical education teacher while in class.**
- 3) Each and every student is required to demonstrate a satisfactory effort level.
- 4) Each and every student is expected to participate in the appropriate fitness clothing (see below for details).
- 5) Each and every student is required to be on time for class. School tardy policy will be enforced.
- 6) Each and every student is required to follow directions.
- 7) Each and every student is required to use language that is appropriate for school.
- 8) Each and every student is required to use equipment appropriately.
- 9) Student's actions are expected to be consistent with the Dearborn Public Schools Core Values.
- 10) **ZERO TOLERANCE FOR FIGHTING AND/OR BULLYING!**
- 11) **ALL STUDENTS MUST HAVE AN UPDATED PHYSICAL ON FILE IN ORDER TO PARTICIPATE IN PHYSICAL EDUCATION CLASS.**
- 12) **To be excused from participating, each student needs to have a note from a parent / guardian (including a date, reason, phone number and parent / guardian signature) if she/he cannot participate. A note is required from a doctor if she/he cannot participate for an extended time.**

GYM / POOL CLOTHES

Each student is expected to wear gym shoes and have a change of clothes that allow for freedom of movement, such as shorts, T-shirts, sweatpants, sweatshirts, etc. Furthermore, all attire must also conform to the school dress code. **Street shoes, including boots, heeries, sandals, heels, etc. will not be allowed for safety reasons.**

When participating in the pool, all swimmers must have a swim suit. Girls must have a bathing cap.

OTHER MATERIALS

Planners must be brought daily and kept in her/his gym locker.

Combination Lock – “Master” brand is recommended.

Soap, shampoo, and deodorant (**NO GLASS AND/OR SPRAY CONTAINERS**)

It is the student's responsibility to keep her/his belongings locked up at all times. The student's teacher is not responsible for any lost or stolen property. The sharing of lockers and/or locks is strictly forbidden. If a student chooses not to use a lock and/or locker, she/he must carry her/his belongings to and from class on a daily basis.

For safety reasons, jewelry and gum chewing will not be allowed in gym class and/or swim classes.