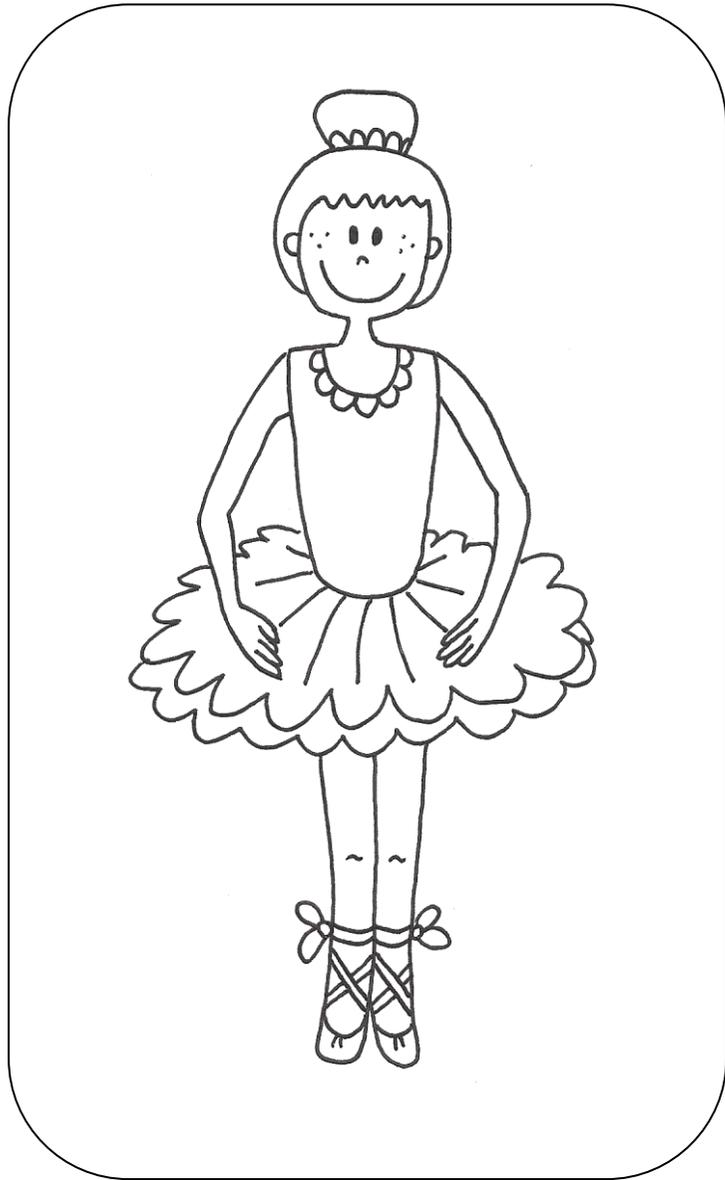# Ballet

Fascinating Facts

Ballet began 500 years ago in Italy as a form of court entertainment. The term ballet comes from the Italian word "ballare", which means to dance. Pointe shoes are handmade and most ballerinas wear out 2 or 3 pairs of pointe shoes a week!