

OT Friday Fun

Fine Motor Newsletter

Use Your Fingers!

As your student's OT, I plan on providing you with a specific, fun activity week to encourage fine motor activities at home. Please feel free to contact me at any time with questions or concerns. Now... let's get started with using those fingers! Activities include using paperclips and clothespins.






Without a Printer:






- Have the student move items into a cup by pinching them with tweezers or clothespins.
- On the apple and pencil worksheets, have the student point to the correct answer.
- Have the student open and close a clothespin by pinching it 10 times using their index finger, middle finger, and thumb. This promotes their fine motor skills, too!


Ways to Incorporate Handwriting:







- Have the student write their name on the back of each card.
- Write about what the student would do if they found the end of a rainbow.
- Copy sentences or words about the different colors of apples or pencils shown in the cards.
- Write about what the student would do if they blew a giant bubble with bubble gum.





Please contact me if you have any questions.
Happy pinching!



		
7	2	3

		
		
5	9	6

		
4	7	1

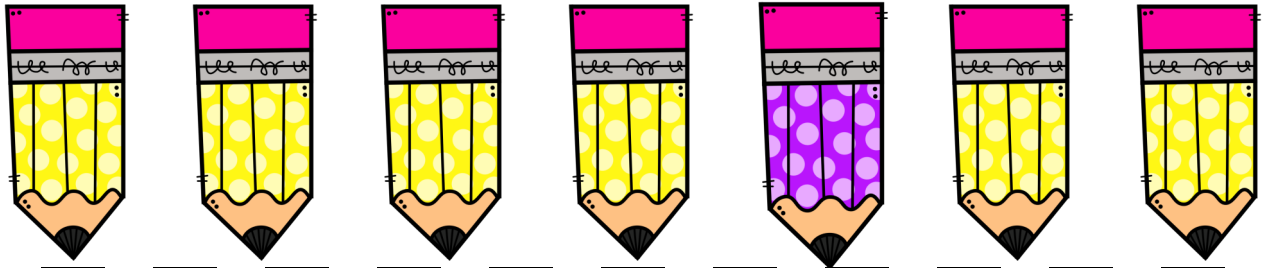
		
		
8	6	5

		
		
9	4	3

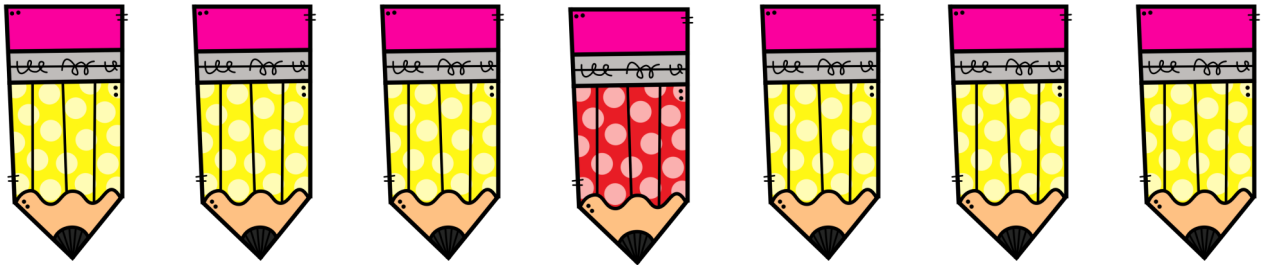
		
2	1	4

Please detach the top sheet, cut out the boxes, and place a clothespin or paperclip on the corresponding number.

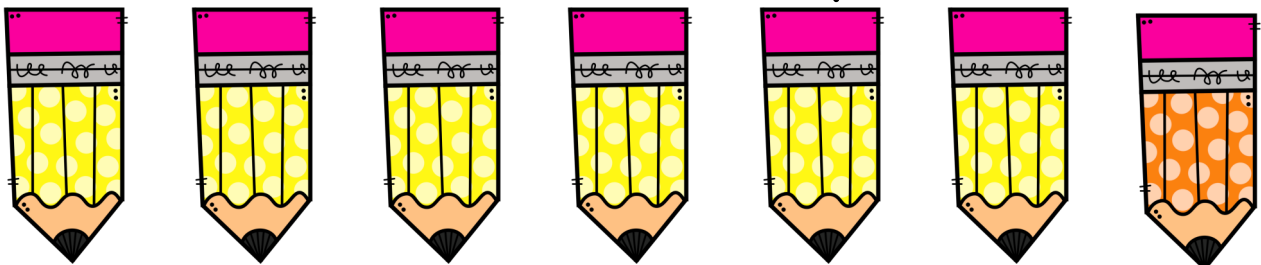
Which one is different? Clip it below.



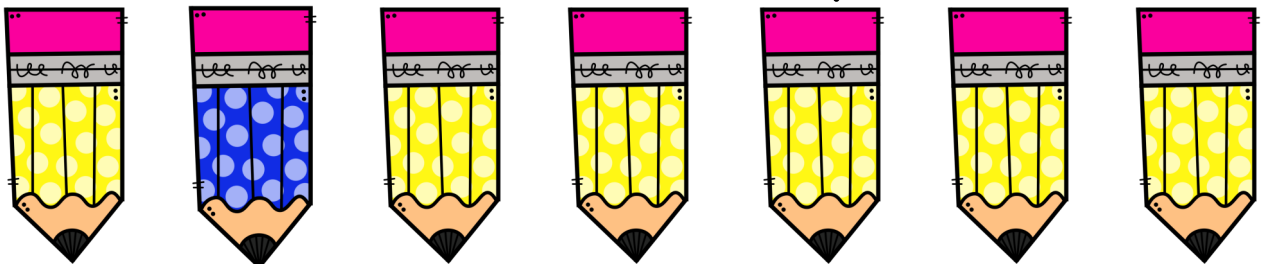
Which one is different? Clip it below.



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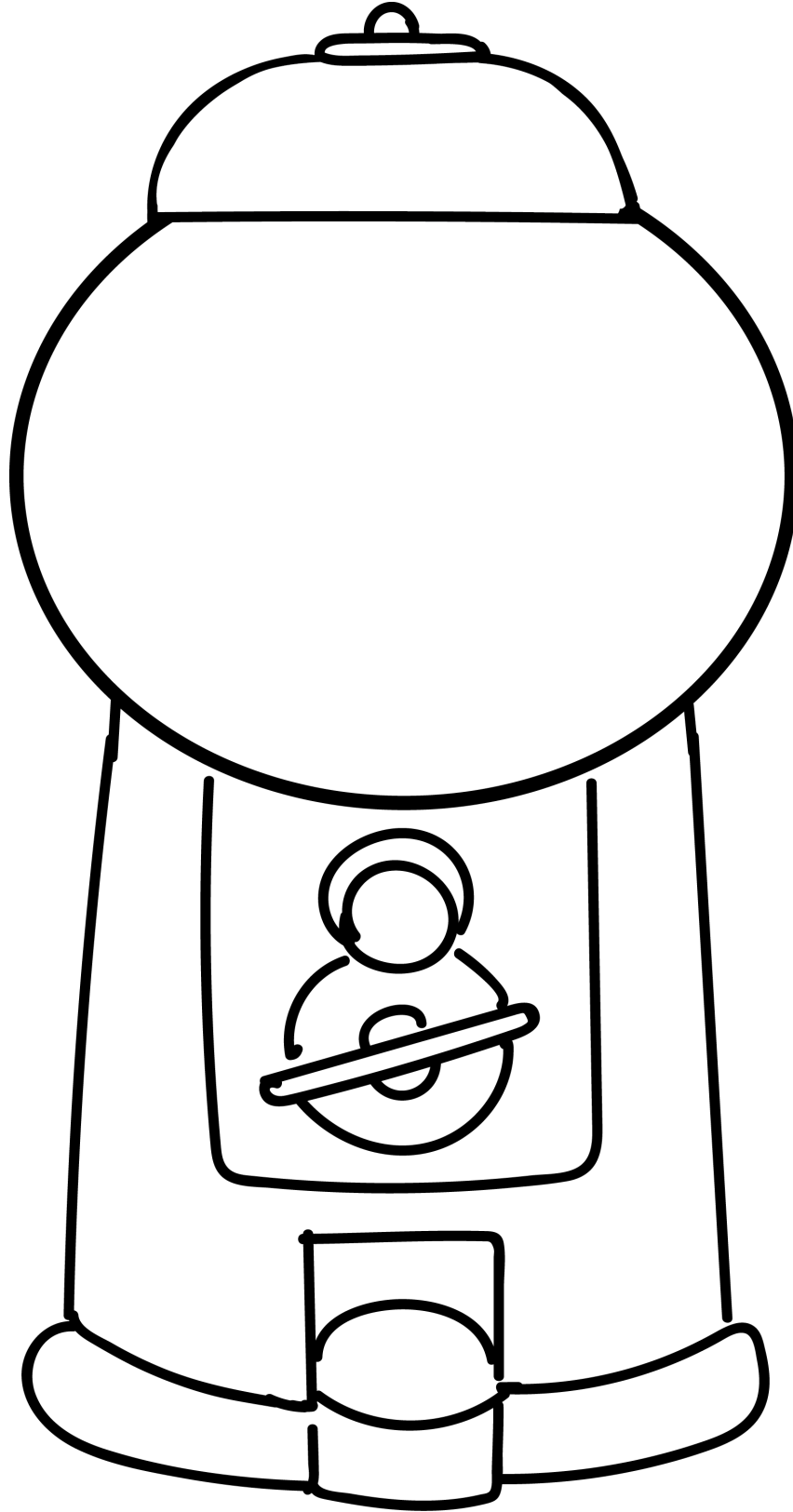
Which one is different? Clip it below.



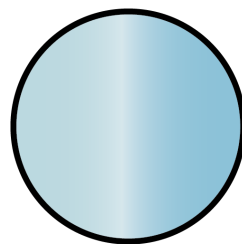
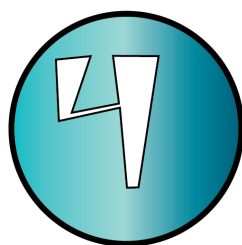
Please detach the top sheet, cut out the dotted strips, and place a clothespin or paperclip on the correct image.

Move Your Gumballs!

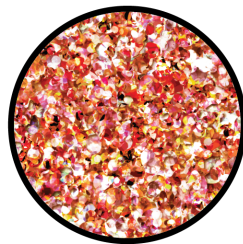
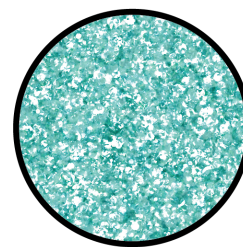
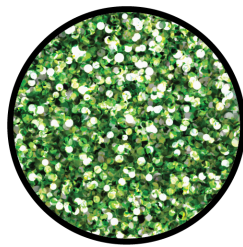
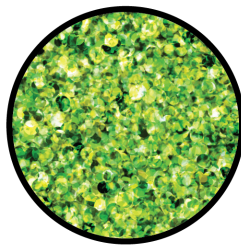
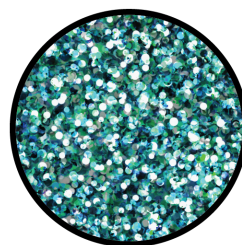
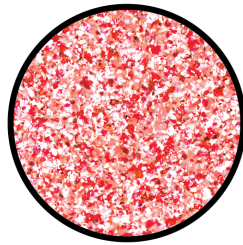
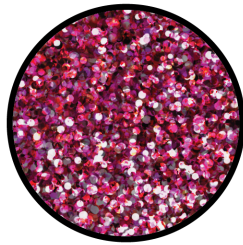
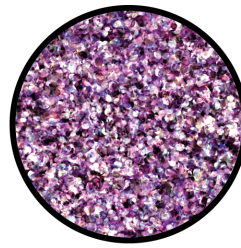
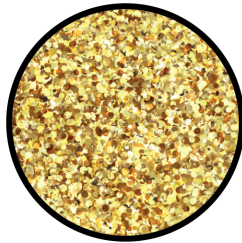
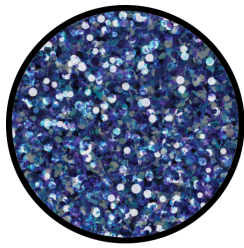
Place "gumballs" into the container using clothespins or tweezers. Print the gumballs on the other page or use pom poms or beads.



Please detach the top and use it as an activity sheet with clothespins or tweezers.



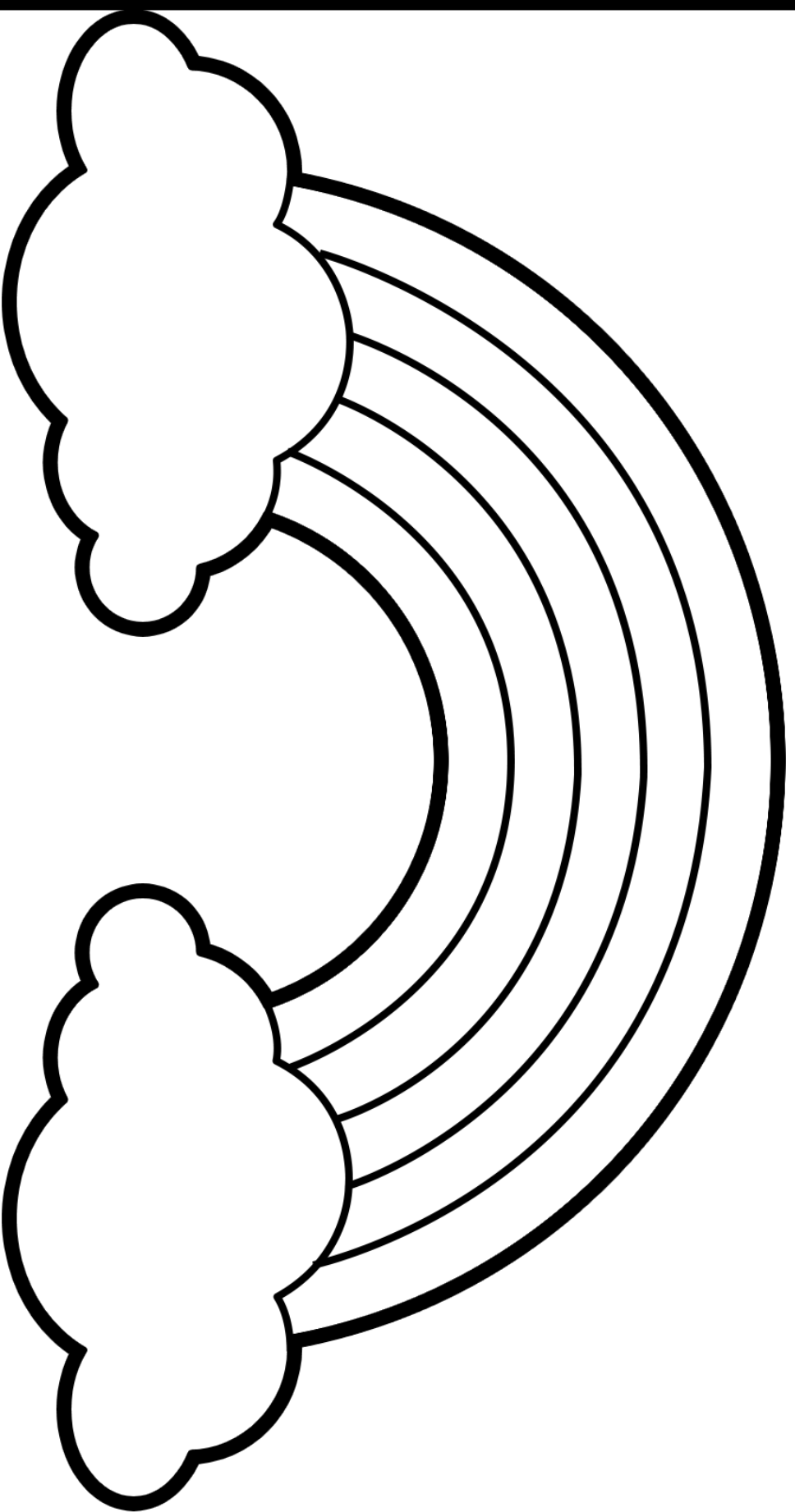
Please detach the top and cut out the “gumballs” if desired. Use with the gumball machine. Help your student count.



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Fill in the Rainbow!

Place small colored pieces of paper or colored beads for different colors on each line of the rainbow! Use tweezers and clothespins to promote finger strength.



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