



Paper Airplanes!

As your student's OT, I plan on providing you with a specific, fun activity week to encourage fine motor activities at home. Please feel free to contact me at any time with questions or concerns. Now... let's get started with making paper airplanes!

Steps for a Basic Plane:

- 1. Fold the paper in half vertically.
- 2. Unfold the paper and fold each of the top corners into the center line.
- 3. Fold the top edges into the center line.
- 4. Fold the plane in half toward you.
- 5. Fold the edges of each wing downward towards the outside of the middle crease.
- 6. Hold your plane and let it fly!

Ways to Incorporate Writing:

- Have your student write their name on the outside of the plane.
- On a separate sheet of paper, have your student make a list of all the countries the plane will go.
- Have your student name the plane and write the name on the side.
- On another sheet of paper, have your student write what they would do if they owned a plane.

Please contact me if you have any questions. Happy folding!

Please detach the top sheet and fold correctly to make your plane.