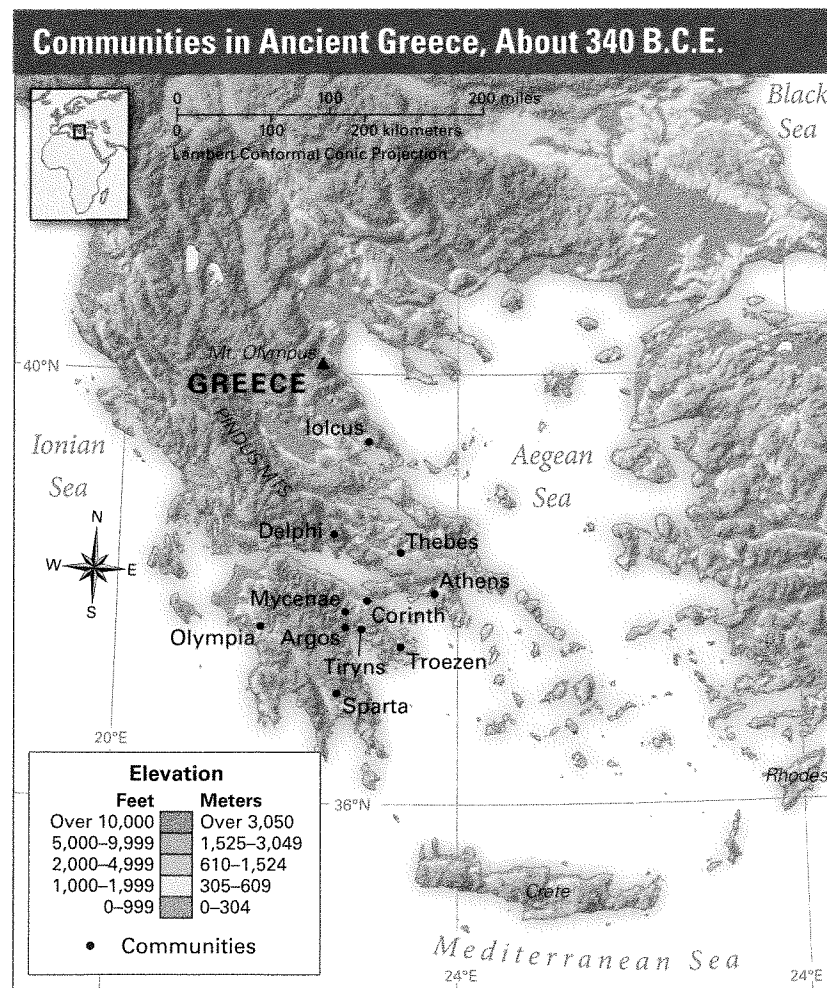


**peninsula** a body of land that is surrounded on three sides by water

**Aegean Sea** an arm of the Mediterranean Sea, east of Greece

Most ancient Greeks traveled by and lived near the water. What three seas surround Greece?



## 25.2 Isolated Communities and the Difficulties of Travel

The mountains and the seas of Greece contributed greatly to the isolation of ancient Greek communities. Because travel over the mountains and across the water was so difficult, the people in different settlements had little communication with each other.

Travel by land was especially hard. People mostly walked, or rode in carts pulled by oxen or mules. Roads were unpaved. Sharp rocks frequently shattered wooden wheels, and thick mud could stop a wagon in its tracks. Only wealthy people could afford to ride horses.

Travelers could stop at inns on the main roads, but many inns provided only shelter. People had to bring their own food and other supplies with them. Slaves or pack animals carried bedding, food, and other necessities. With all these goods to take with them, the Greeks often traveled in groups, moving at a slower pace than someone traveling alone.

Traveling by water was easier than traveling by land. You can see on the map on this page that mainland Greece is a **peninsula**, made up of smaller peninsulas. Ancient Greeks were never far from the water. To the south of Greece is the Mediterranean Sea; to the east, the **Aegean Sea**; and to the west, the Ionian (ahy-OH-nee-uhn) Sea. The ancient Greeks soon learned to travel by ship.

The Greeks understood the dangers of the sea and treated it with great respect. Sudden storms could drive ships off course or send them smashing into the rocky shoreline. Even in open waters, ships could sink. These hazards encouraged Greek sailors to navigate close to shore, sail only during daylight, and stop at night to anchor.



The images on this ancient Greek vase show women gathering fruit.

## 25.3 Farming in Ancient Greece

Most people in ancient Greece made their living by farming. But farming wasn't easy in that mountainous land. Even in the plains and valleys, the land was rocky, and water was scarce. There were no major rivers flowing through Greece, and the rains fell mostly during the winter months.

With limited flat land available, Greek farmers had to find the best ways to use what little land they had. Some farmers built wide earth steps into the hills to create more flat land for planting. A few farmers were able to grow wheat and barley, but most grew crops that needed less land, particularly grapes and olives. Greek farmers produced a lot of olive oil, which was used for cooking, to make soap, and as fuel for lamps.

Ancient Greek farmers grew food for their own families. In addition to small vegetable gardens, many farmers planted hillside orchards of fruit and nut trees. Some Greek families kept bees to make honey. Honey was the best-known sweetener in the ancient world.

Greek farmers also raised animals. But because cattle need wide flat lands for grazing, the ancient Greeks had to raise sheep and goats, which can graze on the sides of mountains. Sheep supplied wool for clothing, while goats provided milk and cheese. Greek farmers kept some oxen, mules, and donkeys for plowing and transportation. Many Greek families also kept pigs and chickens.

The shortage of good farmland sometimes led to wars between Greek settlements, with each one claiming land for itself. As you will see, some settlements also had to look beyond the mainland for new sources of food and other goods.