

The Power of Produce will operate during the **Dearborn Farmers & Artisans Market**

May 8, 2015 through September 25, 2015.

We will be closed on July 3, 2015.



DEARBORN FARMERS & ARTISANS MARKET

FRIDAYS 9am – 2pm

Michigan Ave., behind the Bryant Library, between Mason & Howard



Kids Workshop Schedule:



May 8

Planting Seeds and Starting Transplants

June 5

Sensory Gardens

July 17

Salsa Gardens & Veggie Stamps

August 21

Root Crops

September 18

“Eggsperiments”

All workshops held at 10am, at the kids tent.

HOW THE PROGRAM WORKS: Children can register for this program at the market and will receive a “POP CLUB” Badge, Reusable Shopping Bag, and a Passport to Health. Each time a child visits the market he/she can stop by the Kid’s Tent and receive a stamp on their Passport to Health as well as two \$1.00 tokens to spend at the market on fresh fruits & vegetables. The Tokens are only redeemable at the Dearborn Farmers Market and can only be used to purchase unprocessed produce. Market vendors accept the tokens as payment and are eager to discuss produce with their young customers. This is a FREE program for children ages 5-12. Kids may save their tokens, but the market will not give additional tokens for missed weeks of participation.

WHY POWER OF PRODUCE WORKS: Choice. The program allows kids to make healthy food choices for themselves. And they are making a choice every week; which means they are practicing a healthy habit. Kids who shop and interact with the growers and farmers are able to fully participate in the market. By interacting with the people who grow fruits and vegetables, kids learn about variety, best practices, and value.


ALSO AVAILABLE: Gardening workshops, fun crafts, educational & fitness activities, as well as cooking demonstrations as a part of this program.

MORE INFORMATION:

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SPONSORED BY



When kids participate in the **POWER OF PRODUCE** program they are **EMPOWERED** to choose fruits and vegetables they want to eat.