

Love is a universal theme. In "A Decade" by Amy Lowell, the poet uses similes to illustrate the progression of love by connecting it to something familiar through the extended metaphor of food.

When Lowell makes the comparison "...like red wine and honey" and "...like morning bread" she is connecting familiar foods to the ever-changing romantic relationship. By making this connection, she is able to convey the complexities of love to someone who may not have experienced it yet. Food is something we all understand, therefore it is the bridge to the unfamiliar.

Lowell's use of similes to construct an extended metaphor enables the reader to connect to the theme of love on a universal level.