

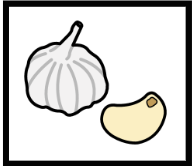
Recipe Ingredients

Name: _____

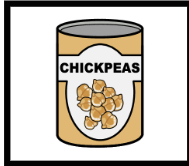
Check for recipe ingredients before cooking! Place symbols in the have column if the ingredients are in your kitchen. If you need to buy ingredients, place the symbols in the need column.

Recipe Name: Pumpkin Hummus

garlic clove,
peeled



15-oz can
chickpeas, drained



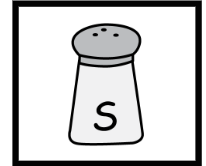
1 T olive oil



$\frac{3}{4}$ C
pumpkin puree



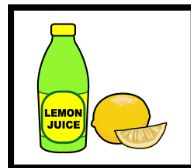
$\frac{1}{2}$ t salt



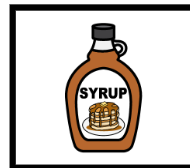
$1\frac{1}{4}$ t ground cumin



2 T lemon juice



1 T maple syrup



7-oz bag baked pita
chips, cinnamon flavor



have:


☐
☐
☐
☐
☐
☐
☐
☐
☐

need:


☐
☐
☐
☐
☐
☐
☐
☐
☐

Recipe Review

Share your opinions about the recipe. Fill in the blanks. Circle your answers.

Recipe: _____

Reviewed by: _____

What was in it?



garlic clove



chickpeas



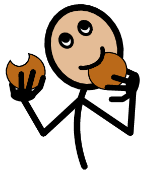
pumpkin
puree



chicken
wings



How did it taste?



yummy



OK



yucky



How was it to
make?



easy



OK



hard



Do you think it
was healthy?



yes



OK



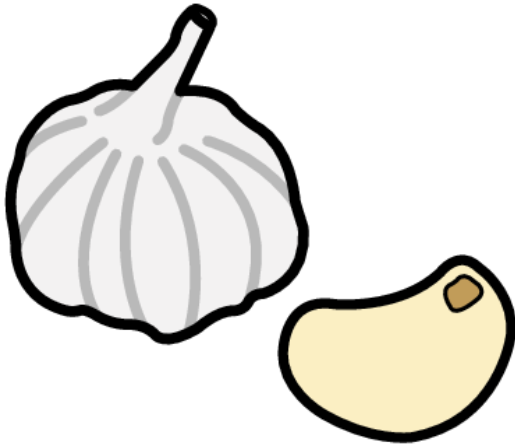
no



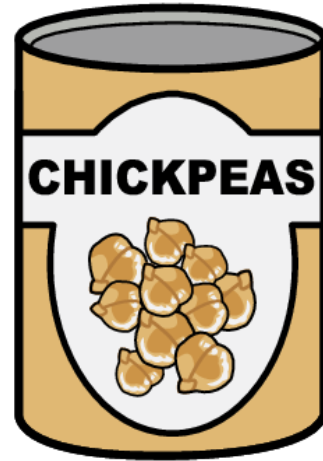
Cooking Vocabulary Words

Read, practice and post these words on classroom or kitchen word walls.

garlic clove



chickpeas



olive oil



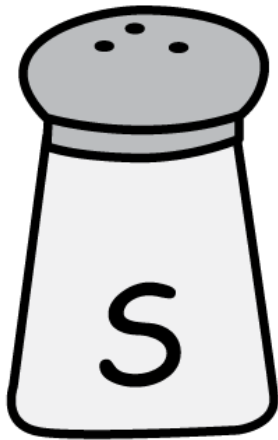
pumpkin puree



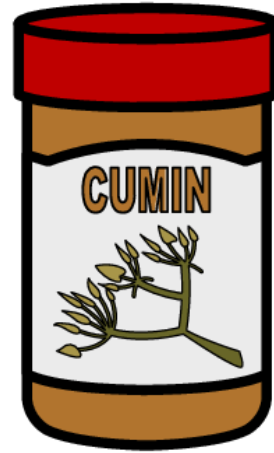
Cooking Vocabulary Words

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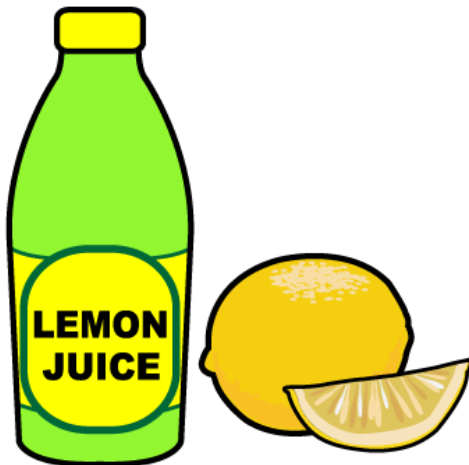
salt



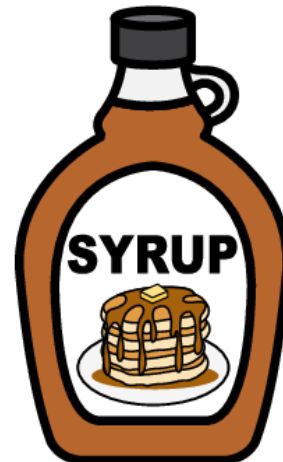
ground cumin



lemon juice



maple syrup



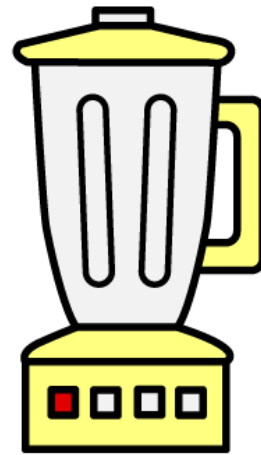
Cooking Vocabulary Words

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baked pita chips



blender



Pumpkin Hummus

