

what's in a name?

ACTIVITIES

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In the Viking age, people were known by their first name and the first name of their father. Leif, son of Erik the Red, for instance, was known as Leif Eriksson – the son of Erik, while Erik was known as Erik Thorvaldsson – the son of Thorvald. If a man called Olaf had a daughter called Gudrid, she would become known as Gudrid Olafsdottir – the daughter of Olaf. This naming system is still in use today in Iceland. Perhaps because this produced many similar names, people were also known by a nickname that said something funny or terrifying about them: Erik the Red, Leif the Lucky, Aud the Wise, Ivar the Boneless or Eric Bloodaxe. Write up your proper Viking name, and think of a nickname that would be appropriate for you.

My Viking name is:

My nickname is:

QUESTIONS

- Do you know of any Viking words or names used in your region? Have you ever seen Viking names used on products or to name a place or company?
- Which way of naming do you prefer: the one used for your name or the Viking way? Why?
- 3. Do you know words or names that are used in English today, but actually come from other languages? Can you name some examples?



R

YOUR NAME IN RUNES

In the Viking age, people wrote in runes, using a different alphabet than the one now in use in the western world. The main runic alphabet is known as the < futhark > alphabet, after its first six letters.

Use the grid below to write your real name, as well as your Viking name, in runic letters.

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My real name is:

My Viking name is: