

CANOEOING: Canoeing is a classic camp activity, teaching both teamwork and communication while opening up a world of adventure for young paddlers. Camp Pinewood's trained staff will teach canoeing basics like parts, terminology, and paddle strokes while still on land, leaving ample time to practice on Lake Echo, our forty-five acre, spring fed lake. Life jackets are provided, and everyone looks great in orange!

SURVIVAL: If you were lost in the woods, what would you do? Camp Pinewood's survival program hopes to answer that question for our campers, while giving our participants a chance to continue their teambuilding skills in a unique survival situation. Resourcefulness and planning will be key lessons learned, as well as valuable information on fire building, water purification, and shelter construction.

ARCHERY: Archery has been a part of Camp Pinewood's outdoor programs for over eighty years, and we continue that tradition with our archery program today. Bow and arrow safety will be covered as a part of this basic lesson, as well as parts and terminology. Each participant will then have the opportunity to find out if they are a "Robin Hood" archer as they set their sights on one of our three standing targets.

FISHING: Lake Echo is home to perch, blue gill, and large-mouth bass, and a great setting for both beginner and advanced fishermen. Our staff will lead instruction on parts of the rod and reel, appropriate bait, casting technique, and studies of the lake in general. By the end of this class, most of our participants will have the opportunity to take photos with the fish they catch, and all of them will have some wonderful "fish stories" to tell!

MID-LEVEL ROPES: At twelve feet high, Camp Pinewood's Mid-Level Ropes Course gives participants ages ten and up the opportunity to step outside of their comfort zones, and into their challenge zone! Led by two certified staff members, each camper is given individual attention as they navigate through the obstacles of this circuit course. As a "challenge by choice" activity, each participant chooses their own level of difficulty, but all are guaranteed to come away feeling challenged in some way. A great empowerment tool!

NIGHT HIKE: One of our favorite activities! During Night Hikes Pinewood staff members lead groups of participants down woodland trails after nightfall. Using no flashlights to see, Night Hikes give campers the opportunity to be receptive to what the rest of their senses have to show them. A great deal of environmental education is shared along the hike, as well as myths, stories, and astronomy. A great way to end a wonderful day!