Should Your Parents Control Your Phone?

New tools from Apple will let your parents control how much time you spend on your phone. Could this be the best thing that ever happened to you? By Mackenzie Carro

Apple has been developing a new iPhone feature called Screen Time. Unlike most Apple products, Screen Time has nothing to do with enhancing your experience on your phone. Rather, Screen Time is meant to get you *off* your phone.

Each day, Screen Time tracks the number of notifications you get, how many times you pick up your phone, and how much time you spend on each app. (Four hours on YouTube? Oops.) Screen Time also lets you set app limits. For example, you can set an app limit of 15 minutes a day for Instagram. If you stay

Carolyn Ridsdale

Note: At press time, Screen Time was slated to debut in fall 2018.