

Nature Appreciation Walk: Showing Our Gratitude Towards Nature



- Go on a walk in nature and use your senses to observe your environment.
- Write and draw your observations below.
- Then, write your appreciations in a letter to nature on the following page.



Plants

What plants do you see? Describe their size, shape, and color. Draw a picture of your observations. _____

Animals

What animals do you see? Describe them and what they are doing at the time you observe them. Don't forget to carefully lift up a rock or log to observe any critters living underneath! Draw a picture of your observations.

Weather

How is the weather? Is it a warm or cool day? Is the sun shining or is it cloudy? Is there a breeze? How does the weather make you feel? Draw a picture that represents today's weather.

Sounds

What sounds do you hear? Where are they coming from? How would you describe the sounds? How would you draw the sounds you hear?

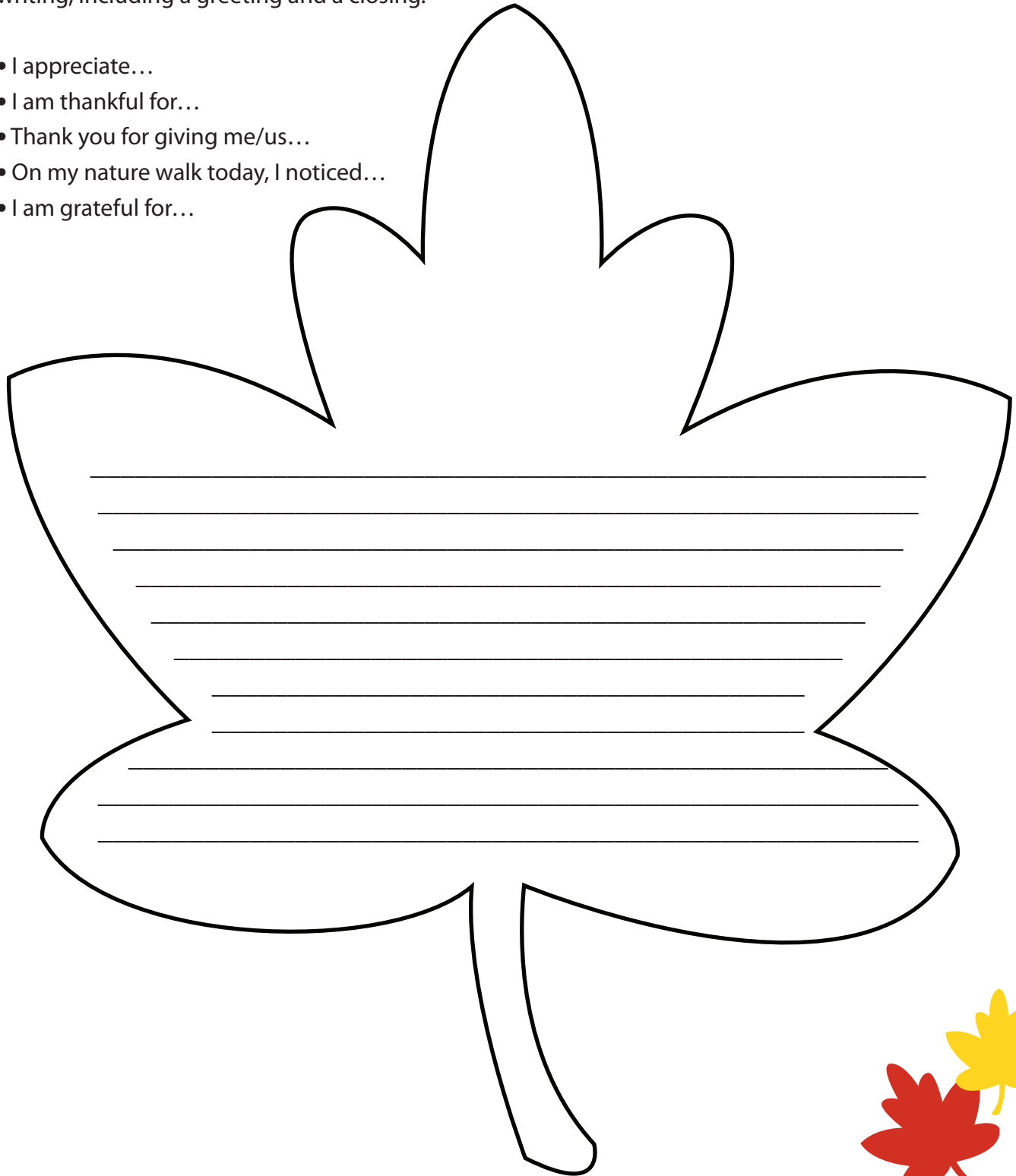
Name _____

Date _____

Letter of Gratitude Towards Nature

From the observations you described on the first page, write a letter of gratitude towards nature. Use the following sentence stems to guide your writing. Remember to use the correct format for letter writing, including a greeting and a closing.

- I appreciate...
- I am thankful for...
- Thank you for giving me/us...
- On my nature walk today, I noticed...
- I am grateful for...



A large outline of a maple leaf is centered on the page. Inside the leaf's shape, there are ten horizontal lines for writing. The leaf has three main lobes at the top and a stem at the bottom.

