**Hype**

Dearborn Public Schools Transition Program

**Virtual Plan for Unexpected Closures**

*(This plan is intended to use when Howe School/Hype is closed, but the rest of the district is open.  Such events might include a power outage, water main break, etc. that  only affect one building)*

*Please note:  There will not be live instruction, please follow the plan outlined below.  Office hours will be from 12-2.   Please email me at* *campd@dearbornschools.org* *to set up conference call.*

**SUGGESTED DAILY SCHEDULE FOR TRANSITION STUDENTS**

1. **Personal Hygiene -** Shower, deodorant, get dressed.  Have students pick out clothes for the following day, assuming there will be school.
2. **Daily Living Skills -** Students should make their own breakfast and lunch, and put dishes in the sink or dishwasher.
3. **Leisure Recreation -** call or text a friend from class.   Ask what they are doing today.   Weather permitting and with parents permission, ask a friend to come over to hang out, or meet somewhere fun for lunch
4. **Fitness -** Get some exercise!  Find an exercise program on YouTube or just put on some music and dance!    If it’s nice outside, go for a walk, play basketball, etc.   If you have a gym membership (Planet Fitness, YMCA, Hype) head there for some fun!
5. **Follow the schedule for the next activity:**

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| --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Activity 1** | Vacuum 1-2 rooms in your house | Set the table for dinner | Help prepare dinner tonight | Sort laundry by color  | Clean table and countertops  |
| **Activity 2** | Wash coats, hats, mittens, gloves and scarfs  | Clear the dishes after dinner | Make  dessert - pudding, break apart cookies, etc.  | Do a load of laundry - wash, dry and put away  | Friday Fun Day!   Do something you enjoy!   |