## AUGUST-SEPTEMBER

## ANNOUNCEMENTS

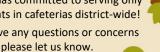
Elementary Menu Jim Hensen's Birthday!

Join us in the cafetories

Join us in the cafeterias on September 24 as we celebrate the birthday of Jim Henson, creator of the Muppets, with a Kermit the Frog inspired all-green fruit & veggie bar!

Did you know?

SFE, in partnership with Dearborn Schools, has committed to serving only halal meats in cafeterias district-wide! If you have any questions or concerns







Breakfast

Banana Loaf w/ Strawberry Yogurt

Lunch

Crispy Fish & Chips

Thai Veggie Stir Fry w/ Rice

**Cheesy Nachos** 

California Blend Veggies



Questions or Comments?

Joshua Bain, Sr. General Manager Phone: 313-827-3065

This institution is an equal opportunity provider.

Wednesday uesdav

Thursday

Breakfast 29 Egg & Cheese Biscuit

Lunch

Beef Tacos w/Rice Cheese Quesadilla Vegetable Sub Mexican Pinto Beans

FRIday

Fully interactive menus in Arabic & English are available for all campuses online!

dearbornschools.nutrislice.com

26

Breakfast

Blueberry Muffin

Fresh fruit selection & reduced-sugar cereals available daily at breakfast!

HALF DAY - NO LUNCH!

LABOR DAY!

Student-Driven Menus

We love student

feedback! You'll see

district chefs Danny &

Carter around the district

doing taste-testings!

**Breakfast** 

Elvis Breakfast Wrap

Lunch

Breakfast

Pineapple Parfait

Lunch

Orange Chicken w/Rice

Grilled Cheese Sandwich

Classic Cheese Pizza

Seasoned Peas & Carrots

Macaroni & Cheese Chicken Nuggets w/Roll Seasoned Broccoli

**Breakfast** 

Mandarin Parfait

Lunch

Hummus w/ Flatbread Chips Cheesy Nachos Steamed Mexicorn

**Breakfast** Egg & Cheese Biscuit

Lunch

Chicken Nuggets w/Roll Classic Cheese Pizza Crinkle Cut Carrots

**Breakfast** 6

Whole Grain Bagel w/Cream Cheese

Lunch

Cheesy Bean Flour Taco Beef Hot Dog Cooked Green Beans

**Breakfast** Blueberry Mini Waffle

**Meatless Monday** 

Vegetable Pizza Sun-butter & Jelly Sandwich w/String Cheese Seasoned Peas & Carrots

**Breakfast** 10 Apple Cinnamon Muffin

Lunch

Fish Nuggets w/ Roll Macaroni & Cheese Creamed Spinach

Breakfast Mini Powdered Donuts

Lunch

Chickpea Marina w/ Rice Fresh Beef Taco Salad California Blend Veggies

**Breakfast** Glazed Cinnamon Roll

Lunch

Cheese Roll Up w/ Breadstick Hamburger Green Beans

**Breakfast** 13

Pineapple Parfait w/ Graham Crackers

Lunch

Orange Chicken w/Rice Cheese Quesadilla Peas

Breakfast 16

French Toast Sticks

Lunch

Tuna Salad Sub Sandwich Red Beans & Rice Seasoned Broccoli

Breakfast

Egg & Cheese Biscuit

Lunch

Beef Hot Dogs Cheesy Broccoli Baked Potato Peppered Corn

Breakfast 18

Banana Muffin

Nat'l Cheeseburger Day

Grilled Cheeseburger Thai Veggie Stir Fry w/ Rice **Green Beans** 

Breakfast

Sweetened Sunbutter & Cinnamon Bagel

Lunch

Cheese Pizza Breaded Chicken Sandwich Seasoned Peas & Carrots

Breakfast

20

**Chocolate Donuts** 

Student-Driven Menus

Nutrition Coordinator Enas will be conducting surveys around the district to help create future menus! HALF DAY - NO LUNCH!

Breakfast 23

Strawberry Banana Yogurt w/ Bunny Grahams

**Meatless Monday** 

Vegetarian Pasta Alfredo Vegetable & Cheese Croissant Seasoned Broccoli

Breakfast

24

**Double Chocolate** Chip Muffin

Jim Hensen's Birthday

Chicken Tender Potato Bowl Sun-Butter & Jelly Sandwich w/ String Cheese Seasoned Green Peas

Breakfast

Mandarin Orange Parfait Lunch

Ultimate Two Cheese Pizza Chili con Carne w/ Rice California Blend Vegetables Breakfast

Cheesy Egg Bagel Sandwich

Lunch

Chicken Nuggets w/Rice **Cheesy Nachos** Green Beans

Breakfast

Glazed Cinnamon Roll

Lunch

Chicken Parmesan Sandwich Macaroni & Cheese Seasoned Italian Veggies