

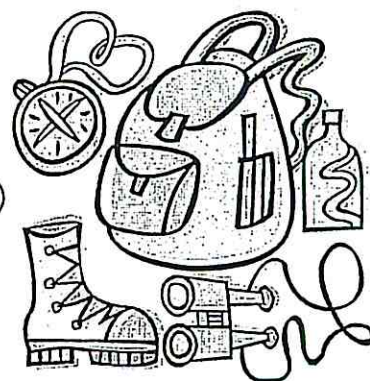
When packing for camp, keep in mind the types of activities you will be doing, and weather that you may encounter. Older clothes that can get dirty are very appropriate for camp! Look at the weather forecast the night before you come to camp. Make sure that you pack everything that you may need to participate in activities outside during your stay- no matter what type of weather. Always bring closed toed, non-slip-on shoes that can tie or Velcro securely. Crocs, flip flops, and shoes with elevated heels are not appropriate for most camp activities. Please refer to the list below to help guide you while packing. Depending on your length of stay, you may need to pack multiple items of those listed.

Garments Appropriate All Year:

- ☐ Blue Jeans/ Long Pants
- ☐ Long Sleeved Shirt
- ☐ Sweatshirt
- ☐ Pajamas
- ☐ Socks
- ☐ Underwear
- ☐ Hat
- ☐ Hiking/ Athletic Shoes
- ☐ Light Jacket
- ☐ Rain Gear (jacket, poncho, etc.)

Gear Appropriate All Year:

- ☐ Backpack
- ☐ Reusable Water Bottle
- ☐ Sunscreen
- ☐ Disposable Camera (labeled)
- ☐ Pillow
- ☐ Sleeping Bag
- ☐ Cot or Twin Sized Sheet
- ☐ Dirty Laundry Bag
- ☐ Flashlight & Batteries



Hygiene & Health:

- ☐ Comb/ Hairbrush
- ☐ Underwear
- ☐ Shampoo & Soap
- ☐ Toothbrush & Toothpaste
- ☐ Washcloth & Towel
- ☐ Deodorant (if necessary)
- ☐ Daily Medications*

Warm Weather Items:

- ☐ Shorts
- ☐ Short Sleeved Shirt
- ☐ Bug Spray
- ☐ Swimming Suit
(if doing water activity)

Cold Weather Items:

- ☐ Long
- ☐ Warm Hat / Gloves
- ☐ Heavy Jacket
- ☐ Insulated Boots
- ☐ Snow Pants

(*You must follow your school or organization's rules regarding medication possession, storage, and use.)

What NOT To Bring

Tamarack Camps recommends that campers do not bring MP3 players/iPods, portable CD/DVD players, cell phones, handheld gaming systems, pocket knives/multi-tools, fireworks, or food intended solely for individual consumption. All snacks and meals should be organized through dining services and/or your group leader. Please let us know if you have any food allergies or specific dietary needs. Do not bring anything to camp that you are worried about getting dirty, damaged, or lost- we cannot replace it. A general rule of thumb is that anything not allowed at your school will probably not be allowed at camp- check with your group leader if you have any questions. We look forward to seeing you at camp!

Live The Experience!