

**Blizzard**

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| **# of people to play:** 1-10 | **Best for ages:**  5+ |
| **Equipment needed:** 1 piece of paper **Social and Emotional (SEL) Competencies:** Relationship Skills  **SEL Skills Practiced:** Problem-solving & teamwork | **Setup/Teaching Time:**  1-2 minutes |

### **Set Up**

* Take the piece of paper and create small rectangles (about 2 inches wide by ½ inches tall). You can rip the paper or cut it with scissors. These rectangles will be the “snowflakes.”
* Find an open space large enough for the group to stand in a circle.

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### **Review SEL Skills Practiced:**

* **Problem-Solving:** in challenging situations, try new ideas and communicate with others in order to be successful. Be ready to ask for help.
* **Teamwork:** Communicate with, trust and support others to reach a goal.

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### **How to Play**

* For the first round, choose someone to hold one of the “snowflakes.” When everyone is ready, throw the “snowflake” as high as you can into the air.
* As the “snowflake” floats down, work together with your team to catch it before it hits the ground.
* If you are able to catch it before it hits the ground, you move to the next level! To move to the next round, everyone shouts “Just One More!” Add one more “snowflake”--this will be thrown with the first “snowflake.”
* During the second level, you must catch BOTH “snowflakes” to move up, during the third level you must catch ALL three to move up, the fourth you must catch ALL four… and so on.
* If at any time you throw the “snowflakes” into the air and the team is unable to catch ALL the “snowflakes,” that’s alright! Try that level again using the same number of “snowflakes.”
* Keep playing and get creative with how you work together to catch them all!

**SEL Game Debriefs**

* How did you overcome challenges, or solve problems, as a team to reach your goal?
* How did you support and build trust with your team in this game?
* How can you show teamwork this week at home?

### **Academic Applications**

* Write questions, sight words or key concepts on each snowflake - have the student who catches the snowflake answer the question, read the word or explain the concept.
* Play in teams of 2 and create simple equations using the number of snowflakes caught by each team member.

### **At-Home Accommodations**

* Try dropping them all from a higher spot for everyone below you to catch. Make sure you consider safety when choosing a higher spot to drop “snowflakes” from!

### **Modifications for Social Distancing**

* Play with your own set of “snowflakes” or on a team of 2 and compete to see who can catch the most.

### **Challenge ideas**

* How many “snowflakes” can your group work up to?
* How many can you catch without using your hands?

### **Game Variations**

* Play in smaller groups, with a partner, or on your own.
* Cut paper into decorative “snowflakes” to use! Make this an activity before the game.