

Why Cats Are the Best Pet

Everyone is familiar with the old saying that a dog is a man's best friend, but in reality, cats are often the better companion. Throughout the centuries, cats have been mischaracterized as lazy, mean, and selfish, statements which are unfair and false. Cats can provide loving companionship and require little maintenance, making them the ideal pet.

Owning a cat has been proven to be beneficial to one's health. According to Catherine Paddock, PhD, "Owning a cat could reduce your risk of a heart attack by nearly one third, researchers told delegates of the American Stroke Association's International Stroke Conference in New Orleans last week." (<https://www.medicalnewstoday.com>) Most cats enjoyed being petted and petting a cat can be relaxing for someone with stress, leading to fewer health problems.

Another reason that cats are the best pet is that they are neat. In a study of how cats and dogs drink water, "For one thing, cats' tongues gently touch the water surface, but dogs' smash through it, as cameras under a water trough showed. Dogs "make lots of splashing, but a cat never does," said biomechanical engineer Sunny Jung of Virginia Tech. (www.businessinsider.com) Cats don't slobber, bark loudly, chew up socks, or jump on people when they enter a house.

Of course, there are people who say that cats are not the best pet. More people own dogs than cats. "According to the Humane Society, 39 percent of U.S. households have at least one dog compared with 33 percent which have one or more cats." (www.huffingtonpost.com) However, studies also show that dogs are smellier, sloppier, and leave more of a carbon footprint than cats do, making cats the "green" pet to own.

In conclusion, cats have been proven time and again to be the best pet to own. They are wonderful for a person's health, they're easier to take care of, and they're neat, not requiring as much maintenance as other pets, especially dogs.